

LOTUS WELLNESS, INC.
(919) 762-0729
Monica@LotusWellnessCare.com

COACHING INTAKE

Date: _____

Name: _____

Address: _____

Town/City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Marital Status: _____ Gender: _____

Have you ever been coached? Y: ___ N: ___

If so, did you achieve your goals? Y: ___ N: ___

If so, how long were you coached? _____

Main reason for seeking for Coaching now:

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Coaching Agreement

This coaching agreement dated _____ is between Monica Dabney (Coach) and _____ (Client).

The purpose of this agreement is for the coach, and client to enter into a coaching relationship where the coach will assist the client in designing a plan to achieve a specific goal using coaching techniques, empower, encourage, and keep the client accountable thus cultivating the client's maximum potential to achieve the goal.

The period set forth for this agreement is from today to _____ and can only be renewed in writing by the coach and client.

The Coach and Client agree to schedule appointments and adhere to the time allotted for these appointments.

The Coach and Client agree that if any appointment needs to be rescheduled or canceled, it will be done with a 24-hour advanced notice. If the client does not cancel an appointment within 24 hours prior, the client will be charged 50% of the coaching fee.

The client understands and agrees that coaching is not counseling, therapy or consulting.

The client agrees to pay \$125.00 per 50 minutes coaching session to the center's coach by cash or credit card.

Coach

Client